


# KARATE

# OPEN

# LISBOA



ORGANIZATION   
Núcleo Karate Shotokan Lisboa

SUPPORTED:  Câmara Municipal  
lisboa

  
FEDERAÇÃO NACIONAL  
PORTUGAL

# WELCOME / INTRODUCTION

It is our pleasure to invite you to the 3rd edition of the Open Karate Lisboa which will be held on December 1<sup>st</sup> and 2<sup>nd</sup> of 2018.

Lisbon will host a Major Karate Championship, expecting to receive some of the world top competitors.

The Portuguese Karate Federation and NKSL are proud to host this WKF competition and the organizing committee will do its utmost to offer the best facilities in order to make this a most successful and memorable event.

We are looking forward to meeting you all soon in Lisbon!



**Carlos Silva**  
President Portuguese  
National Federation



**Joaquim Fernandes**  
International Referee



**Joaquim Gonçalves**  
Portugal National  
Team Head Coach



**Hugo Pedro**  
NKSL director  
Karate Open de  
Lisboa organizer



# THE CITY

Lisbon is the capital and the largest city of Portugal, with a population of around 2.7 million people.

Lisbon is recognized as a global city because of its importance in finance, commerce, media, entertainment, arts, international trade, education and tourism.

Lisbon is one of the oldest cities in the world, and the oldest in Western Europe, predating other modern European capitals such as London, Paris and Rome by centuries. Julius Caesar made it a municipium called Felicitas Julia, adding to the name Olissipo. Ruled by a series of Germanic tribes from the 5th century, it was captured by the Moors in the 8th century. In 1147, the Crusaders under Afonso Henriques reconquered the city and since then it has been a major political, economic and cultural center of Portugal



# ORGANIZER CONTACT

NÚCLEO KARATE SHOTOKAN LISBOA

Phone: +351 91 879 88 54

E-mail : [info@karateopenlisboa.pt](mailto:info@karateopenlisboa.pt)

Event Information:

[www.facebook.com/karateopenlisboa](http://www.facebook.com/karateopenlisboa)

[www.sportdata.org](http://www.sportdata.org)

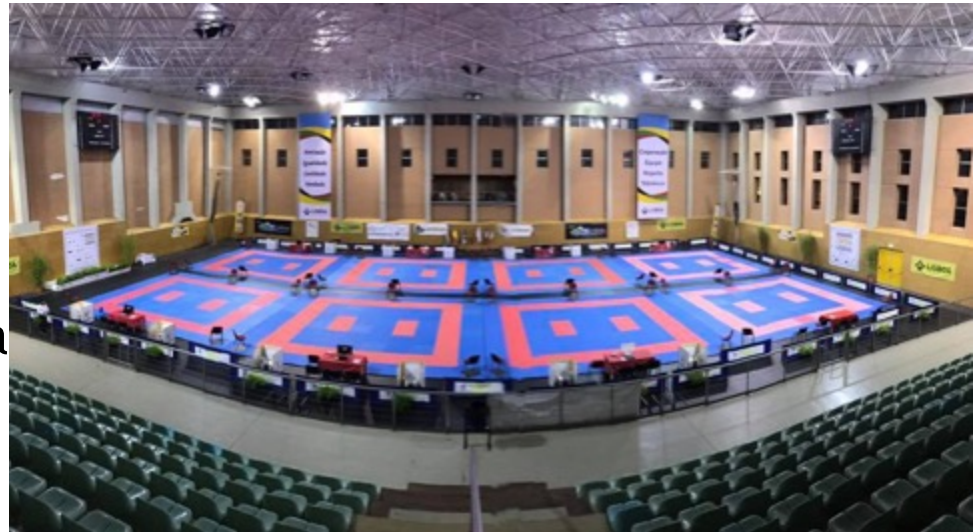
# SITE AND DATE

## SITE

Pavilhão Municipal Casal Vistoso

Portugal – Lisboa

Rua João da Silva 1900 - 271 Lisboa



## DATE

The event will take place on the 1st and 2nd of December 2018

- 1st December – Kata & Kumite U16, U18 and Senior
- 2nd December – Kata & Kumite U10, U12 and U14

# TRANSPORTATION

## AIRPORT

[Lisbon Portela Airport](#), also known as Lisbon Airport is an international airport located in the city of Lisbon, the capital of Portugal.

## METRO

The [Lisbon Metro](#) is the metro (subway) system of Lisbon, Portugal. As of 2016, the four Lisbon metro lines total 43.2 kilometres (26.8 mi) of route and serve 55 stations.

# EVENT MAP

## KARATE OPEN LISBOA

BAR

WARM UP  
AREA

FUN & SHOP

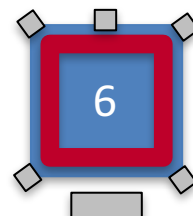
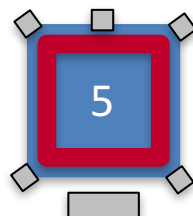
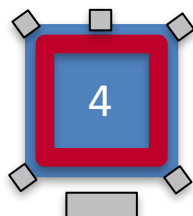
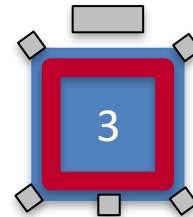
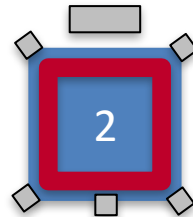
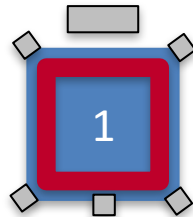
REGISTRATION

ENTRANCE

### MAIN HALL

BOARD TABLE

PODIUM



COMPETITORS  
WAITING AREA

PUBLIC

DRESSING ROOMS

# REGISTRATION

- All competitors, referees, coaches and officials must register online using the online system on <http://www.sportdata.org/karate>
- In case of any questions concerning the online registration please directly contact the sportdata software team via the email address [info@karateopenlisboa.pt](mailto:info@karateopenlisboa.pt).
- Clubs / teams / federations are responsible for the quality of the entered registration data. Changes of online registration data are possible until 18th of November 2018.
- The official registration session will take place on the Site Venue on :
  - Friday 30/11/2018 - from 18:00 to 22:00
  - Saturday 01/12/2018 - from 8:00 to 10:00 and from 12:00 to 14:00
  - Sunday 02/12/2018 – from 8:00 to 10:00 and from 12:00 to 14:00



# CATEGORIES

## KUMITE MALE

Under 10 -30 Kg  
Under 10 +30 Kg  
10-11 -35 Kg  
10-11 -45 Kg  
10-11 +45 Kg  
12-13 -45 Kg  
12-13 -55 Kg  
12-13 +55 Kg  
14-15 -55 Kg  
14-15 -67 Kg  
14-15 +67 Kg  
16-17 -61 Kg  
16-17 -71 Kg  
16-17 +71Kg  
+18 -65 Kg  
+18 -75 Kg  
+18 +75 Kg

## KUMITE FEMALE

Under 10 -30 Kg  
Under 10 +30 Kg  
10-11 -40 Kg  
10-11 +40 Kg  
12-13 -50 Kg  
12-13 +50 Kg  
14-15 -53 Kg  
14-15 +53 Kg  
16-17 -55 Kg  
16-17 +55 Kg  
+18 -60 Kg  
+18 +60 Kg

## KATA MALE

Under 10  
10-11  
12-13  
14-15  
16-17  
+18

## KATA FEMALE

Under 10  
10-11  
12-13  
14-15  
16-17  
+18

# ENTRY FEE

- The entry fees are:
  - €15 per individual category entry until 15/10/2018
  - €20 per individual category from 16/10/2018 until 18/11/2018
  - €5 per coach
- Payment can be done by
  - Bank transfer
    - IBAN - PT50 0018 000326292284020 19 (BIC SWIFT: TOTAPTPL, NAME: A C D KARATÉ SHOTOKAN LISBOA)
  - Paypal
    - [info@nksl.org](mailto:info@nksl.org)
- Payment receipt shall be sent to [info@karateopenlisboa.pt](mailto:info@karateopenlisboa.pt) to confirm registrations

# WEIGHING

- The weighings will be at the following times
  - Friday - 30/11/2018 - 20:00 to 21:00
  - Saturday – 01/12/2018 – 9:00 to 11:00 and 13:00 to 15:00
  - Sunday – 02/12/2018 - 9:00 to 11:00 and 13:00 to 15:00
- All weighings will be carried out in a specific room
- There will be a tolerance of 1kg with karate gi dressed up
- If the athlete is out of weight for which he / she was enrolled, he / she may pay an additional value of € 10 and sign up for the correct category as long as it's done until 2 hours before the start of the competition of the old and new category

# COMPETITION RULES

- FNKP/WKF current rules – For all categories the official WKF rules are applied – Please check the following document [http://www.fnkp.pt/wp-content/uploads/2017/09/Regulamento\\_Geral\\_Provas\\_25Jul17.pdf](http://www.fnkp.pt/wp-content/uploads/2017/09/Regulamento_Geral_Provas_25Jul17.pdf)
- Minimum 6 people par category (exception for the heavier category). If that number is not attained, participants may participate in the above category
- 1 coach for each 5 participants – max 4 par club & minimum of 18 years.
- Sportswear is mandatory for coachs
- Access to the competition area will only be permitted with the official registration card and only during the athetle competition
- Sports bags will not be allowed in the competition area.
- Body Protector Recommended for all Categories
- Photo or video collection will be allowed if you're registered as press
- Public is not allowed inside the competition area
- The calls will all be made in the Warmup Room

# COMPETITION RULES - KATA

U10	U12	U14
Basic Katas Official WKF List	Basic Katas Official WKF List. Additional U12 Katas; - Shisochin; - Seienchin / Seiyunchin; - Bassai - Dai; - Jion; - Enpi; - Kushanku; - Chinto.	Official WKF List.
Competitors should perform a minimum of 2 different basic Katas, without repeating the kata performed in the last round.	In the first 2 rounds the competitor should perform 2 basic katas from the Official WKF list.  From the 3rd round on, the competitor can perform any kata from the above list.  From the 4th round on, the competitor can repeat katas without repeating the previous.	Competitors should perform 3 different katas in the the first 3 rounds from the Official WKF list.  From the 4th round on, the competitor can repeat katas without repeating the previous.  They cannot perform the same Kata more than 2 times.

ALL OTHER CATEGORIES FNKP/WKF STANDARD RULES.

THESE RULES MAY CHANGE DUE TO CHANGES IN WKF/FNKP RULES SET UNTIL THE DATE OF THE TOURNAMENT.

ON THE U10 COMPETITION, THE 2 COMPETITORS WILL PERFORM THE KATA AT THE SAME TIME, EXCEPT IN THE FINAL.

# SCHEDULE

CATEGORIES	ESTIMATED SCHEDULE
Kata 14-15, 16-17 and +18	Saturday (01/12) 09:00 - 12:00
Kumite 14-15, 16-17 and +18	Saturday (01/12) 13:00 - 19:00
Kata Under 10, 10-11 and 12-13	Sunday (02/12) 09:00 - 12:00
Kumite Under 10, 10-11 and 12-13	Sunday (02/12) 13:00 - 17:00

## Attention!

- Please note that this schedule can change based on the number of participants.
- The organization commits itself not to change the days of the competitions according to the one presented above.
- A detailed schedule as well as the official draws will be provided on the week before the event

# TICKETS

- An entrance ticket is compulsory for general public, except Athletes and Coaches.
- Entry tickets for general public will be on sale at the venue.
- Ticket Price:
  - 2 Days – 3€
  - Full day price (Saturday or Sunday) – 2€

# PRIZE MONEY

Prize money will be awarded to the winner of each category according to the following table:

AGE	PRIZE MONEY
Under 10	20 €
10-11 Years	20 €
12-13 Years	20 €
14-15 Years	20 €
16-17 Years	30 €
+18 Years	50 €

All prizes will be offered as a voucher to be used in material offered by the sponsors (Adidas and others)



# GENERAL INFORMATION

- Time zone: Greenwich Mean Time Zone – GMT
- Weather and climate: By force of its geographical location, *Lisbon* is one of the warmest European capitals, benefiting from a Mediterranean climate with notable subtropical characteristics. Its neighboring on the Atlantic Ocean, as well as the influences of the Tejo River, contribute to Lisbon's advantage of enjoying the warmest winters of all capital cities of Europe.
- Currency: The Portuguese currency is Euro. Foreign currencies can be exchanged at the airport, in banks, as well as in many foreign currency exchange offices which can be found all over the city.
- Communication: To call Portugal from abroad, dial the international code 00 followed by 351 for Portugal, then the number.
- Electricity : 220 Volts / 50 Hz

# ACCOMODATIONS



The Olaias Park Hotel is a 4-star hotel near the Lisbon airport (8 subway stops away, 10 minutes driving), ideally situated and suited for events. 300 rooms, 11 meeting rooms, restaurants, garage parking.



ROOM	COST NIGHT / PERSON
Single	€56,00
Double	€31,00
Extra Bed	€26,00

Breakfast included

# GENERAL CONTACTS

- Police and Emergency number – 112
- Nearest hospital:
  - Hospital Santa Maria
  - Address - Av. Prof. Egas Moniz
  - Phone number - 21 780 5000

# VISA REQUIREMENTS

- Please check this [page](#) for additional information regarding.
- Make sure to confirm with the Portuguese embassy of your country, specific rules applied.